



Lens on the Land Youth exchange

30TH SEPTEMBER TO 9TH OCTOBER
(INCLUDING TRAVEL DAYS)

Cirat, Alto Mijares.



Co-funded by
the European Union



ARAM

Asociación por la Resiliencia del Alto Mijares

Location



Cirat, is a village of 206 habitants, capital of the region of Alto Mijares, surrounded by an amazing nature with a lot of natural pools. The village have a shop, a pharmacy and some bars.

Webpage of the tourism board

<https://turismocirat.com/>



Shared rooms in bunkbeds. Food accommodation and travel covered.

Webpage of the accommodation

<https://alberguecirat.com/>



Requirements

-
- Age between 18 and 30 years old.
 - Interest in the creation of audiovisual content.
 - Priority to people living in rural areas.
 - Gender balance
 - Participants must have a valid European Health Insurance Card.
 - Be active and carry out the tasks assigned to participants
 - To consent the use of images in which you appear taken during the mobility with legitimate purposes of the project.
 - Disseminate the content created during the youth exchange.

Participants 24 (6 each country)

Spain, Latvia, Portugal, Germany



Objectives



- Develop a space to reflect about rural depopulation and share experiences about how to face it in a sustainable way.
- Create short films as a result of the youth exchange developing skills about short movie creations.
- Promote the active citizenship of young people in general and their European citizenship in particular.
- Work in the sustainability of rural communities and promote tolerance among young people and social inclusion.

Activities

- Basical technical sessions to develop their own short movie, impro acting activities and script creation.
- Non formal education methodologies.
- Get in touch with local community.
- Environmental education activities.
- Explore the repopulation initiatives of **ARAM** association.



**BE ON CASTELLÓN TRAIN-BUS STATION ON THE
30TH OF SEPTEMBER BEFORE 18:00 H !**

How to reach the
accommodation

**Green travel option for
Portugal and Germany!**



NEAREST AIRPORTS

**Airport of Castellón (CDT) ->
Shuttle bus to the center of
Castellón**

**Airport of Valencia (VLC) ->
Train to Estació del Nord and
train to Castellón**

**Airport of Barcelona (BCN) ->
Train to Barcelona Sants and
train to Castellón**



**KEEP ALL YOUR
INVOICES,
TICKETS AND
BOARDING
PASSES.**

BUDGET AVAILABLE

23 ————— Spain

360 ————— Latvia

275
320 ————— Portugal

Green travel

275
320 ————— Germany

Green travel

In a context of necessary economic and social recovery, in ARAM we look at the concept of resilience as the ability to adapt and take advantage of the continuous changes.

A concept that we want to put at the service of economic, social and environmental regeneration activities in the rural area of Alto Mijares.

Promoting
organization



CHECK OUR
LAST PROJECT

<https://aram.org.es/erasmus/>

Spain - Asociation ARAM
asociacion.aram@gmail.com

Latvia - SIA Uniko Films
unikofilmsmail@gmail.com

Germany - Bund Der Deutschen Landjugend E.V(BDL)
alexandra.muenchberg@landjugend.bayern

Portugal - Casa d'Abóbora - Associação Juvenil
joana@casadabobora.pt

NOV
APPLY

Applications open
HERE until 25th of June